



Neil Nathan, MD



Marie Matheson, ND



Jill Crista, ND



Ruth Kriz, APRN

Comprehensive Update on Mold Toxicity

June 27-28, 2026

presented by

Neil Nathan, MD, Marie Matheson, ND, Jill Crista, ND & Ruth Kriz, APRN

Featured Speakers

Program

Register Now at
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Workshop Pricing
\$300 (USD)

Program

Day One - Saturday, June 27, 2026

8:00am - 8:10am	Welcome & Introduction
8:10am - 8:30am	A Brief History of Mold Toxicity <i>presented by Neil Nathan, MD</i>
8:30am - 10:30am	Mold Toxicity: An Overview Symptoms, Evaluation, Diagnosis & Treatment <i>presented by Neil Nathan, MD</i>
10:30am - 10:45am	Break
10:45am - 12:00pm	A Naturopathic Overview - Diagnosis & Treatment <i>presented by Marie Matheson, ND</i>
12:00pm - 1:00pm	Lunch Break
1:00pm - 2:00pm	A Detailed Study of Mycotoxins <i>presented by Jill Crista, ND</i>
2:00pm - 3:00pm	Biofilms <i>presented by Ruth Kriz, APRN</i>
3:00pm - 3:15pm	Break
3:15pm - 4:15pm	Actinos & Endotoxins <i>presented by Jill Crista, ND</i>
4:15pm - 4:45pm	Case Studies <i>reviewed by Neil Nathan, MD</i>
4:45pm - 5:00pm	Q&A

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Program *Continued*

Day Two - Sunday, June 28, 2026

8:00am - 9:00am	Limbic & Vagal Dysfunction <i>presented by Neil Nathan, MD</i>
9:00am - 9:30am	Mast Cell Activation Syndrome <i>presented by Neil Nathan, MD</i>
9:30am - 9:45am	Break
9:45am - 11:00am	Detoxification <i>presented by Marie Matheson, ND</i>
11:00am - 11:45am	The Sensitive Patient <i>presented by Neil Nathan, MD</i>
11:45am - 12:30pm	Hormonal Dysregulation <i>reviewed by Neil Nathan, MD</i>
12:30pm - 1:00pm	Case Studies <i>reviewed by Marie Matheson, ND</i>
1:00pm - 1:30pm	Q&A

Featured Speakers



Neil Nathan, MD

Neil Nathan, MD, has been a Board Certified Family Physician who has been practicing medicine for over 50 years. As he studied and learned a wide variety of alternative concepts, his practice gravitated into primarily helping to diagnose and treat those patients who have not been helped by conventional medicine. He wrote *"On Hope and Healing: For Those Who Have Fallen Through The Medical Cracks"* to educate both patients and physicians about how to accomplish this. This book represents the distillation of his work with thousands of patients with complex medical illnesses such as fibromyalgia, chronic fatigue, mold toxicity, chronic Lyme disease, autism, and chronic pain. That book was updated in *"Healing is Possible."* He then wrote an e-book on the diagnosis and treatment

of mold toxicity in *"Mold and Mycotoxins"* and his recently revised 2nd edition of his book, *"Toxic: Heal Your Body from Mold Toxicity, Lyme Disease, Multiple Chemical Sensitivities and Chronic Environmental Illness"* presents a new model for diagnosis and treatment that should bring hope and healing to millions of patients suffering with chronic illness that do not have the diagnosis and directions they need to be able to heal. Dr. Nathan hopes that it will provide a starting point for those who have been told by their physicians that "there is nothing more we can do," so that they can move forwards towards improved health. His next book, *"Energetic Diagnosis"*, discussed the importance of intuition in evaluating the biological energies of a patient and also incorporates the uses of a variety of devices and procedures to improve on our abilities to diagnose and treat our complicated patients. His newest book *"The Sensitive Patient's Healing Guide"* is a ground-breaking discussion of the biochemistry and neurophysiology of how patients have become sensitized to chemicals, food, light, sound and EMFs and how to effectively treat this sensitivity, with contributions from 20 guest authors.



Marie Matheson, ND

Dr. Marie Matheson is a naturopathic doctor and co-founder of BioHeal Ottawa, a multidisciplinary health clinic specializing in complex chronic illness. She is also a community builder and the creator and facilitator of several educational initiatives, including LymeBright Collective, Tick Bite Ready, and Pure Peptide Collective, a GLP-1 micro-dosing group program.

Dr. Matheson incorporates Auricular Medicine, an energetic assessment method used to identify underlying imbalances and functional blockages contributing to symptoms, supporting the body's capacity for self-regulation and healing.

She is a member of the International Lyme and Associated Diseases Society (ILADS) and completed the ILADS Physicians Training Program under the late Dr. Charles Ray Jones. In addition, she serves on the Advisory Board for The Forum for Integrative Medicine (TFIM). Dr. Matheson is also a featured contributing author in Connie Strasheim's book, *New Paradigms in Lyme Disease Treatment*.



Jill Crista, MD

Dr. Jill is a best-selling author, acclaimed educator, and Naturopathic Doctor who's helped thousands recover their health after mold. She's on a mission to raise medical literacy about mold and mold-related illness. But what you may not know about her is that mold got to her personally.

Dr. Jill earned her Naturopathic Doctor Degree with Honors from the National University of Naturopathic Medicine in Portland, OR in 2003. She is certified in IV Nutrient Therapy, including advanced training in Heavy Metal Toxicology and Oncology through International IV Nutrient Therapy.

In 2012, she completed the Physician Training Program with the International Lyme & Associated Diseases Society.

Dr. Jill was the owner, director, and practicing member of two integrative clinics offering naturopathic medicine, integrative medicine, acupuncture, chiropractic, physical therapy, craniosacral therapy, and massage. It was here that she witnessed the efficacy and synergy of a team approach to patient care.

As a peer-reviewed published author, she's now focusing on research, teaching, and writing, specializing in neuroinflammatory conditions such as mold-related illness, concussion, Lyme, and PANS/PANDAS.

Dr. Jill has served on the board of the Wisconsin Naturopathic Doctors Association, and worked on the American Association of Naturopathic Physicians committee for licensure, which culminated in achieving licensure for Naturopathic Doctors for Wisconsin. She served as the inaugural Chair of the Wisconsin Naturopathic Medicine Examining Board which was tasked with writing the first-ever Administrative Rules for the profession in the state.



Ruth Kriz, APRN

Ruth Kriz is a Nurse Practitioner who has identified the factors responsible for chronic urinary tract infections and interstitial cystitis. She has an extensive background in education and clinical experience ranging from cardiac, emergency medicine, public health, maternity, pediatrics, and data collection for studies conducted by Johns Hopkins Research Center. By linking the research of Bill Costerton and others on various types of biofilms and the testing for hypercoagulation genetics developed by David Berg, she has originated strategies for successful eradication of embedded pathogens (bacteria and fungi) identified through molecular testing. By addressing the patient's genetics as well as the types of biofilms involved, treatment

with anti-microbials and anti-fungals becomes more effective. She is no longer providing direct patient care but is investing in educating and mentoring practitioners on this missing link which differentiates acute from chronic infections.